

Fresh fruits and vegetables are allowed

Any Variety of fresh fruits and vegetables, including all varieties of potatoes.

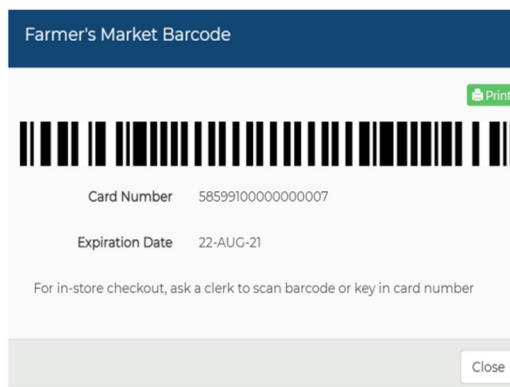
Examples: oranges, bananas, pineapple

Items NOT allowed, include:

- ◆ Fruit baskets or cut vegetables with dip
- ◆ Decorative, dried fruits or vegetables mixed fruit & nuts
- ◆ Herbs and Spices like basil, parsley & chives
- ◆ Baked Goods, Cider
- ◆ Cheese, Eggs, Jam, Jelly
- ◆ Honey, Maple Syrup



- Fruit and Vegetable Benefits (CVB) are available on the Bnft app or mybnft.com
- If the total exceeds your CVB the transaction will be denied, so make sure you know your balance! (Participants shall use another form of tender if the sum of the transaction exceeds the total of the participant's CVB benefits.)
- To use your benefits at the farmers market, or farmstand show the barcode on the Bnft app or bring a printed copy of the barcode from mybnft.com

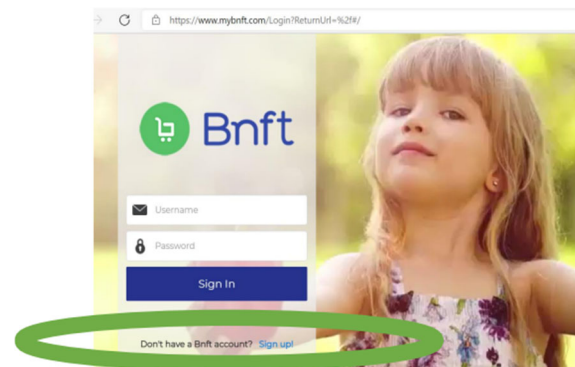


You have the right to file a complaint about any improper farmer or Farmer Market practices. A complaint may be filed by calling 1-800-437-9300 or emailing WIC.Maine.gov

This institution is an equal opportunity provider

2023 & 2024 Winter Farmers

***Use Cash Value Benefits (CVB) for Fruits & Veggies**
****All Year****
By downloading the Bnft app to redeem with WIC Farmers



Create a Bnft account by signing up
You will need eWIC EBT card number, birthdate, mailing zip code and an email address - this will become your Bnft username

For info to set up Bnft account use this link or scan the QR Code-for Video

<https://www.maine.gov/dhhs/mecdc/population-health/wic/documents/Bnft%20Overview.pdf>



***ME WIC does its best to keep this information current. Farmers hours may vary. Please call or check social media for the most current hours.**
check the WICShopper app
visit Maine.gov/WIC
or scan the QR code below

Make sure to visit Market early for best selection!



**Blackies Farmstand
Year Round**

966 Minot Avenue **Auburn**
207-786-0005
Daily 6:00-7:00

**The Red Shed by Valley View Farm
11/4/2023-4/27/2024**

1176 Soper's Mill Road **Auburn**
Sat: 12:00-5:00 Appt. 207-320-1969

**Augusta Farmers Market
At the Buker Center
11/14/2023-3/16/2024**

Dig Deep Farm
22 Armory Street **Augusta**
Tues: 3:00-5:00

**Bath Winter Farmer's Market
11/4/2023-4/13/2024**

Dharma Farm Goranson Farm
27 Commercial Street
Unit Bath Freight Shed **Bath**
Sat: 9:00-12:00

**United Farmers Market
Old Haven Farm
Year Round**

18 Spring Street **Belfast** 207-218-7005
Sat: 9:00-2:00

(Revised 11/22/2023)

Belfast Farmers Market

11/3/2023-3/29/2024

Peacemeal Farm, Second Frost Farm
Aubuchon Greenhouse 231 Northport Ave.
Route 1 **Belfast**
Fri: 9:00-1:00

Bridgton Winter Farmers' Market

11/11/2023-4/20/2024

Patch Farm
166 Harrison Road
Unit Masonic Lodge **Bridgton**
Sat: 9:00-12:00

Brunswick Winter Farmers Market

Fort Andross Mill

11/4/2023-4/27/2024

Goranson Farm Whatley Farm
14 Main Street **Brunswick**
Sat: 9:00-12:30

Alewives Brook Farmstand

83 Old Ocean House Road **Cape Elizabeth**
Daily 9:00-6:00 **Year Round**

Olde Haven Farm

159 Togus Road **Chelsea**
207-620-0917

Tues-Sat: 10:00-5:00 **Year Round**

Goranson Farmstand

250 River Road **Dresden**
207-737-8834 Call for Appointment
Daily 10:00-5:00 **Year Round**

Replenoa Farm

1252 Royalsborough Rd **Durham**
207-409-0446 **Year Round**
Tues-Thurs 7:00-5:30 Sat: 9:00-2:00



Farmington Winter Market

11/4/2023-4/27/2024

Rasmussen Farm

130 Quebec St **Farmington**
Sat: 10:00-1:00

Hampden Winters Farmers Market

11/3/2023-4/26/2024

Cedar Mill Farm

177 Coldbrook Rd Citizens of Maine
Hampden Fri: 2:00-5:30 (Dec. & April)
(Jan-March Every Other Fri 2:00-5:30)

Foxgreen Farmstand

527 N Howland Road **Howland** Daily
10:00-6:00 call for Appointment
508-212-2468 **Year Round**

Portland Farmers Market

12/2/2023-4/27/2024

Goranson Farm

631 Stevens Avenue **Portland**
Maine Girls Academy Gymnasium Sat:
9:00-1:00

Skowhegan Winter Farmers' Market

At Boynton's Greenhouse

12/2/2023-3/24/2024

Dig Deep Farm

144 Madison Avenue **Skowhegan**
207-431-2860
1st & 3rd Sat: 10:00-1:00

Dharma Farm

175 Calderwood Road, **Washington**
Mon: 3:00-5:00 **Year Round**

Waterville Farmers Market

12/7/23-4/25/2024

Junction Garden LLC

150 Maine St **Waterville** Chace Forum
Thur:2:00-5:00